

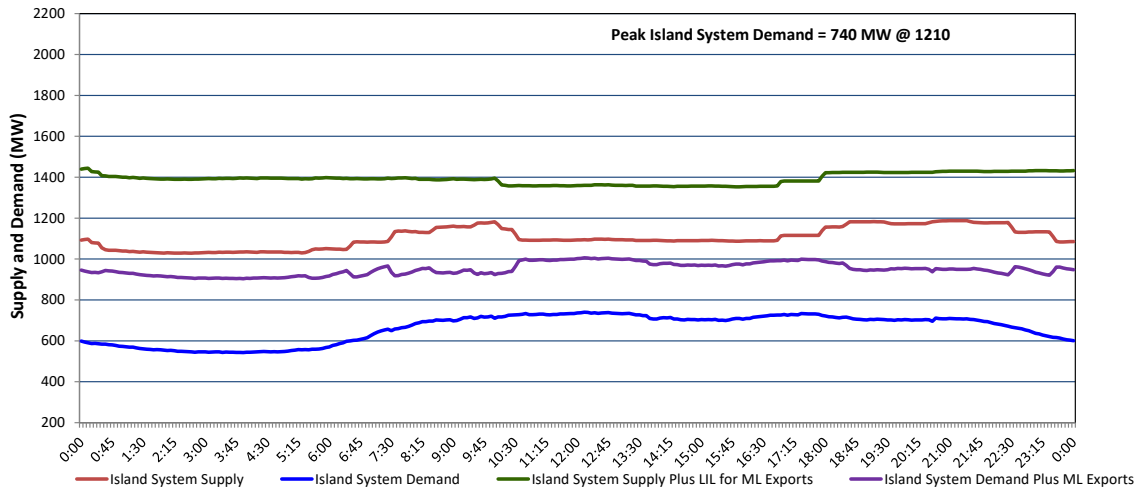
Newfoundland Labrador Hydro (NLH)

Supply and Demand Status Report Filed Friday, July 31, 2026

Section 1

Island Interconnected System - Supply, Demand & Exports

Actual 24 Hour System Performance For Thursday, July 30, 2026



Island Supply Notes For July 30, 2026

- A As of 0800 hours, March 29, 2026, Holyrood Unit 3 unavailable due to planned outage (150 MW).
- B As of 1513 hours, April 16, 2026, St. Anthony Diesel Plant available at 7.7 MW due to forced derating (9.7 MW).
- C As of 0800 hours, May 06, 2026, Holyrood Unit 2 unavailable due to planned outage 40 MW (170 MW).
- D As of 0701 hours, May 24, 2026, Holyrood Unit 1 unavailable due to planned outage 166 MW (170 MW).
- E As of 0841 hours, May 24, 2026, Hinds Lake Unit unavailable due to planned outage (75 MW).
- F As of 0834 hours, June 15, 2026, Bay d'Espoir Unit 3 unavailable due to planned outage (76.5 MW).
- G As of 0834 hours, June 15, 2026, Bay d'Espoir Unit 4 unavailable due to planned outage (76.5 MW).
- H As of 0239 hours, June 30, 2026, Cat Arm Unit 2 available at 57 MW due to forced derating (67 MW).
- I As of 0809 hours, July 05, 2026, Bay d'Espoir Unit 7 unavailable due to planned outage (154.4 MW).
- J As of 0905 hours, July 14, 2026, Stephenville Gas Turbine unavailable due to planned outage (50 MW).

Section 2

Island Interconnected System - Supply, Demand & Outlook

Fri, Jul 31, 2026	Island System Outlook ²	Seven-Day Forecast	Island System Daily Peak Demand (MW)	
			Forecast ⁸	Adjusted ⁶
Island System Supply: ⁴ NLH Island Generation: ^{3,7} NLH Island Power Purchases: ⁵ NP and CBPP Owned Generation: LIL Net Imports to Island: ⁹	1,149 MW 760 MW 105 MW 190 MW 94 MW	Friday, July 31, 2026	780	730
		Saturday, August 1, 2026	735	685
		Sunday, August 2, 2026	720	670
		Monday, August 3, 2026	755	705
		Tuesday, August 4, 2026	765	715
		Wednesday, August 5, 2026	745	695
7-Day Island Peak Demand Forecast:	780 MW	Thursday, August 6, 2026	745	695

Island Supply Notes For July 31, 2026

- Notes:
1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. Hydro schedules outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.
 2. As of 0800 Hours.
 3. Gross continuous unit output.
 4. Gross output from all Island sources (including Note 3).
 5. NLH Island Power Purchases include: ML Imports, Exploits Generation, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable).
 6. Adjusted for interruptible load and the impact of voltage reduction when applicable.
 7. Due to limitations inherent in the design of combustion turbines, the output of combustion turbines may be reduced in the event that ambient temperatures exceed the threshold required for full rated output. This threshold is dependent on the design of each turbine.
 8. Does not include ML Exports.
 9. LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.

Section 3

Island Peak Demand and Exports Information

Previous Day Actual Peak and Current Day Forecast Peak

Thu, Jul 30, 2026	Island Peak Demand ¹⁰	12:10	740 MW
	Exports at Peak		266 MW
	LIL Net Imports to Island		1,926 MWh
Fri, Jul 31, 2026	Forecast Island Peak Demand		780 MW

- Notes:
10. Island Demand is supplied by NLH generation and purchases, LIL Imports plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).